



Ryedene Primary School and Nursery – Allergy Information



Dear Parents/carers,

Our menus reflect the seasons to ensure we can always use the freshest ingredients, locally sourced wherever possible. By buying in our ingredients from quality producers, we can guarantee that your child is getting what it says on the menu. We always look to provide two hot meals—one of which is vegetarian, baguettes and jacket potatoes, daily, as well as a full salad bar and a choice of fresh bread to compliment your child's meal.

From our experience, we know that children love eating together at lunchtime. It's all part of a normal day at school and a chance for them to socialise with their friends from lessons.

****ALLERGEN INFORMATION****

PLEASE CHECK ALL ALLERGEN INFORMATION LISTED IN RED ON EACH MENU.

Allergens You will see that our menu has information on the allergens contained in our menu items **(ALL LISTED IN RED)**.

Please use the chart carefully, to assess any that may be applicable to your child when making your choices. This is a guideline only. If your child has an allergy, then we will talk to you individually to assess your child's needs and complete an Individual Health Plan.

ALLERGEN NUMBERS

1-Celery 2-Cereals containing Gluten 3- Crustaceans 4 -Eggs 5-Fish 6-Lupin 7 -Milk 8 -Mollusc 9-Mustard 10-Nuts

11- Peanuts 12-Sesame Seeds 13-Soya 14-Sulphur Dioxide

'MC' - May contain traces of ...

We do not use any nuts in our recipes but some products are produced in a factory where nuts may be processed.

ANY PACKED LUNCHES WE PROVIDE (FOR TRIPS) MUST BE MADE TO ORDER.

A LIST OF INGREDIENTS IS PROVIDED ON THE PACKED LUNCH ORDER SHEET.

MORE INFORMATION REGARDING OUR ALLERGY SAFETY POLICY CAN BE FOUND ON OUR SCHOOL WEBSITE.